

Ryan White Part A Mental Health Services in the New York EMA

Integration of Care Committee Meeting
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Outline

- Mental Health and PLWHA: An Overview
- HRSA definition
- NY EMA definition
- Service categories, allocations, and utilization
- Mental Health services in the NY EMA:
 - Mental Health Services (MSV)
 - Mental Health Therapy (MHTAI)
 - Mental Health Services for Populations with Multiple Special Needs (MHS)
- Challenges
- Next Steps



Need for Mental Health Services

- Rate of mental illness in the general population vs. among PLWHA
 - General population: 25%
 - HIV population: 33-50%
- Under utilization among those in need
- Social and psychological challenges



Impact of MH on PLWHA

- Lower ART adherence rates
- Lower rates of retention in medical care
- Additional challenges with substance abuse



CHAIN Study Findings Mental Health in the New York EMA

- **More than half of CHAIN participants need professional mental health services.**
 - Of those in need 28.6% do not adequately utilize the services.
- **CHAIN study participants with low mental health functioning are**
 - 15% more likely than average PLWHA to visit the EMA's ambulatory care settings 15%
 - 20% less likely than other study participants to be on ARV's.

Source: CHAIN Report 2008-1 Mental Health Services



CHAIN Study Findings Mental Health in the New York EMA cont.

- **Populations with the greatest need:**
 - Younger participants
 - Whites
 - Women
 - Low education
 - Low income
 - MSM of color
- **More than 20% of CHAIN enrollees are current substance users. Of those,**
 - 35% have serious mental illness (SMI)
 - Nearly 25% have been hospitalized due to mental illness.

Source: CHAIN Report 2008-1 Mental Health Services



Mental Health in the New York EMA

- The prevalence of mental health disorders increases the cost and complexity of HIV care in the EMA
- In FY2012, the EMA spent \$233.1 million on mental health services for PLWHA (Part A and Medicaid combined).



HRSA Definition of Mental Health Services*

Mental health services are psychological and psychiatric treatment and counseling services for individuals with a diagnosed mental illness. These services are conducted in a group or individual setting, based on a detailed treatment plan, and provided by a mental health professional licensed or authorized within the State to render such services. This typically includes psychiatrists, psychologists, and licensed clinical social workers.

- Mental health services are considered Core Medical Services

* Source: HRSA/HAB Division of Metropolitan HIV/AIDS Programs
Program Monitoring Standards – Part A
April 2013, accessed on 1/7/2014 from: <http://hab.hrsa.gov/manageyourgrant/files/programmonitoringparta.pdf>



Planned Allocations and Expenditures

	# of contracts	Ranking*	% of total Program funds	Service Category Allocation	YTD Unexpended	% Unexp.
FY 2010	21	3	6.8%	\$6,374,021	\$734,036	11.5%
FY 2011	20	3	6.3%	\$5,865,813	\$48,634	0.8%
FY 2012	20	3	6.3%	\$5,783,930	\$357,770	6.2%
FY 2013	20	8	5.98%	\$5,095,945	N/A	N/A

*MH is ranked 4 in the 2012 spending plan and 8 in the 2013 spending plan

Source: RW Service Category Reportcard 2010-2012



Client Characteristics FY 2012

- Total number of clients: 2,201
- HIV Status:
 - HIV+, non-AIDS: **53.7%**
 - CDC-defined AIDS: 31.1%
 - Family member/significant other: 0%
- Race and Ethnicity
 - Black: **48.8%**
 - Hispanic: 31.7%
 - White: 11.9%

Source: RW Service Category Reportcard 2010-2012



Client Characteristics FY 2012

- Gender
 - Male: **58.6%**
 - Female: 38.7%
 - Transgender female: 1.4%
 - Transgender male: 0.1%
- Special Populations (defined by PC)
 - Women of color: **40.1%**
 - PLWHA Age 50+: **38.9%**
 - MSM and Transgender: 26.9%
 - Young MSM: 1.0%
 - Immigrants: 6.2%
 - Homeless: 4.7%

Source: RW Service Category Reportcard 2010-2012



Client Characteristics FY 2012

- Age Group
 - *Age 0-12*: 1.0%
 - *Age 13-19*: 4.7%
 - *Age 20-29*: 11.2%
 - *Age 30-39*: 14.3%
 - *Age 40-49*: **28.7%**
 - *Age 50+*: **39.1%**
 - *Unknown*: 1%

Source: RW Service Category Reportcard 2010-2012



Insurance Status FY 2012*

- *% Public Insurance: 40%*
- *% Uninsured: 18%*
- *% ADAP: 9%*

** MSV contracts only*

Source: DOHMH REU Internal Analysis



New York EMA Mental Health Service Categories

- Mental Health Services (MSV)
- Mental Health Therapy Counseling (MHTAI)
- Mental Health Services for Populations with Multiple Special Needs (MHS)



Mental Health Service Category Summary

NY EMA Service Category	Target Populations	# of Contracts (As of Jan 2014)	Total MRA
MSV	HIV+ persons in need of mental health services	12	\$4,483,139
MHTAI	Mental health services for people living with HIV/AIDS	1*	\$834,060
MHS	Mental health services for homebound HIV+ clients	1	\$466,731

**8 subcontracts are funded through 1 MHTAI contract*



Mental Health Services (MSV)



New York EMA Service Category Summary Mental Health Services (MSV)

In order to address the barriers to appropriate treatment and care among PLWHA with mental illness, Ryan White Part A Mental Health programs provide comprehensive mental health services in health centers (including hospitals) and community-based organizations that are co-located with HIV primary care services or have established linkages with HIV primary care providers. These include services co-located with housing programs. Services include (but are not limited to):

- mental health counseling;
- treatment adherence counseling;
- psychiatric care, including buprenorphine treatment;
- and AOD counseling.




Mental Health Services for Collaterals and Groups


- Family members or significant others can receive family counseling services along with the HIV+ client with no time limit
 - Family members or significant others who are HIV-negative cannot receive individual services on their own;
 - They can only receive family or group services in which the HIV-positive client must be physically present.
- Group counseling and education sessions include:
 - Mental Health, AOD, and Treatment Adherence




AOD Services	Staff Credentials
<ul style="list-style-type: none"> • Individual Counseling • Family Counseling • Group Counseling 	<ul style="list-style-type: none"> • Peer workers must have a CASAC or CASAC-T • Staff other than peers who deliver AOD services can be credentialed as deemed appropriate by the agency.




Psychiatric Services	Staff Credentials
<ul style="list-style-type: none"> • Psychiatric evaluation • Psychiatric visits • Buprenorphine initial visit and routine visit 	<ul style="list-style-type: none"> • Psychiatrist • Psychiatric nurse practitioner • Buprenorphine prescription must be provided by a MD/DO with buprenorphine license. PNP may conduct activities during these services but cannot prescribe buprenorphine.



Wrap-around Services	Staff Credentials
<ul style="list-style-type: none"> • Coordination with Primary Care Provider • Care Coordination with other social service provider • Treatment Adherence Counseling- Individual, Group, Family 	<ul style="list-style-type: none"> • Only an LCSW, licensed medical provider, or B.A./B.S. may coordinate care with a primary care provider • Any counselor can provide CC-Other and Treatment Adherence Counseling



NEW Mental Health Advocate Services	Staff Credentials
<ul style="list-style-type: none"> • Accompaniment • Client engagement activities • Outreach for client re-engagement • Wellness – Individual • Wellness – Group 	<p><u>Mental Health Advocate – Peers</u></p> <ul style="list-style-type: none"> • Cultural and linguistic competence highly recommended • Demonstrated basic understanding of mental health illness recommended • It is required that peers are not current clients of the agency <p><u>Mental Health Advocate - Technicians</u></p> <ul style="list-style-type: none"> • Cultural and linguistic competence highly recommended • Demonstrated basic understanding of mental health illness recommended • Bachelor's Degree in Social Sciences, Social Services, or other related field is recommended • Two or more years of experience working in a setting that serves clients with mental illness (or related field) are required



Mental Health Therapy Counseling (MHTAI)



New York EMA Service Category Summary Mental Health Therapy Counseling (MHTAI)

- Supports harm reduction services and mental health services in harm reduction settings



MHTAI Services

- Mental Health Intake and Assessment
- Individual Counseling (AOD & Mental Health)
- Group Counseling (AOD & Mental Health)
- Support Groups
- Psychiatric Evaluation
- Psychiatric Visits
- Reassessment
- Follow-up Encounters



Mental Health Services for Populations with Multiple Special Needs (MHS)



New York EMA Service Category Summary Mental Health Services (MHS)

The program provides home-based psychiatric assessment, crisis intervention and time-limited case management services to HASA clients who have a serious mental illness to help them access community-based mental health services.



MHS Services	Staff Credentials
<ul style="list-style-type: none">• Case Management Intake	<ul style="list-style-type: none">• Clinical Case Manager, MA or MSW• Case Management Assistant, AA or BA
<ul style="list-style-type: none">• Follow-up Encounters	<ul style="list-style-type: none">• Clinical : Clinical Case Manager, MA or MSW• Concrete: Case Management Assistant, AA or BA

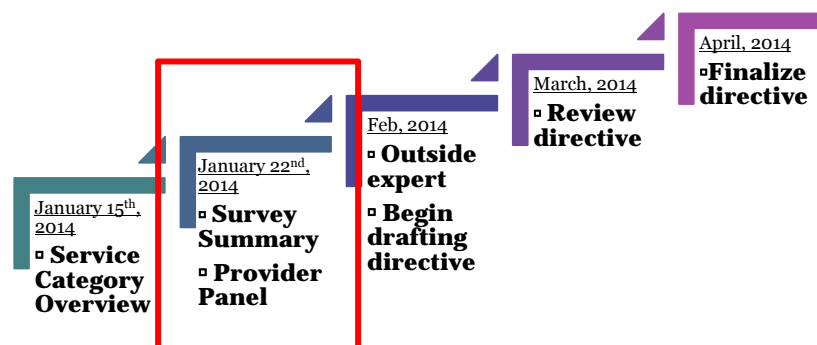


Challenges: Payer of Last Resort

- Ryan White is the payer of last resort and should be used for services that are not reimbursable.
- Changes in Medicaid reimbursement policy
- Future changes in the Medicaid program are imminent.
 - Monitor the implementation of NYS Medicaid Redesign and its impact on RW services.



Next Steps



Thank you!

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